



# BREAKFAST

## FAVOURITES

<b>GRANOLA WITH YOGURT AND BERRIES</b> <i>Locally-made with Oats, Almonds, Sunflower Seeds &amp; Honey</i>	9.25	<b>BERRY FRENCH TOAST</b> <i>Strawberry Sauce &amp; Berries</i>	13.5
<b>OATMEAL WITH BANANAS AND HONEY</b>	6.75	<b>OATMEAL WITH BERRIES</b>	8.75
<b>FRESH FRUIT SALAD</b>	7.75	<b>BERRY MEDLEY</b>	8

### THE CLASSIC ENGLISH BREAKFAST • 17

*Two Eggs Any Style, Applewood Smoked Bacon, Myer's Pork Sausage, Sautéed Mushrooms & Fried Tomatoes, Homemade Baked Beans & Amy's Bread  
(add Irish Back Bacon - 2)*

### LITTLE BRIT OF BREAKFAST • 9.95

*One Sunny Side Egg on Toast with Applewood Smoked Bacon & Fried Tomato*

## OMELETS *Served with Mash of the Day & Garden Salad*

<b>HUDSON</b> <i>Ham, Tomato &amp; Gruyere</i>	14.5	<b>ARUNDEL</b> <i>Bacon, Mushroom, Spinach &amp; Onion</i>	14.75
<b>ATLANTIC</b> <i>Smoked Salmon, Tomato, Scallion &amp; Sour Cream</i>	15.5	<b>EGG WHITE</b> <i>Sautéed Spinach</i>	15.25
<b>WEST VILLAGER</b> <i>Ham, Cheddar &amp; Peppers</i>	14.5	<b>ENGLISH BREAKFAST</b> <i>Sausage, Bacon, Tomato &amp; Mushroom</i>	15.5

### SCRAMBLED EGGS • 10.75

*Black Forest Ham & Sauteéd Mushrooms*

### HOMEMADE BAKED BEANS • 7.5

*Served on toast*



# BREAKFAST

## SANDWICHES

### EGG-WICH BACON

*Mushroom, Spinach, Bacon & Cheddar  
on a Ciabatta Roll*

7.5

### EGG-WICH SAUSAGE

*Sausage, Peppers & Onion on a Ciabatta Roll*

7.5

### CROISSANT-WICH

*Toasted, with Black Forest Ham & Cheese*

7.5

### EGG CROISSANT-WICH

9.5

## SMOKED SALMON ON TOAST • 16

*With Scrambled Egg Whites*

## EGGS OVER EASY • 13.75

*Avocado and Spicy Tuna Salad*

## WAFFLES *Sprinkled with Powdered Sugar*

### THE PURIST

*Vermont Maple Syrup & Butter*

8.75

### SAUCY BELGIAN

*Strawberry & Chocolate Sauces, Vanilla  
Ice Cream & Whipped Cream*

12.25

### STRAWBERRIES & CREAM

*Fresh Strawberries, Strawberry Sauce  
& Whipped Cream*

12.5

### BANANA SPLIT

*Banana, Chocolate Sauce, Vanilla Ice Cream  
& Whipped Cream*

12.25

### BROWN BETTY

*Chocolate Sauce, Vanilla Ice Cream  
& Whipped Cream*

12

### CHANTILLY

*Strawberry Sauce & Whipped Cream*

12

## ON THE SIDE

### APPLEWOOD SMOKED BACON

6

### HOMEMADE BAKED BEANS

6

### FRIED TOMATO

6

### SAUTÉED SPINACH

7

## BREADS

### CROISSANTS

PLAIN

3

CHOCOLATE

3.5

### AMY'S BREAD & MARMELADE

5

### TOASTED BAGUETTE

WITH STRAWBERRY JAM

4.75

WITH NUTELLA

5.5